

MY MEDIA DIET

Audrey Gelman, senior vice president at SKDKnickerbocker in New York, tells us what she devours daily



6:45 A.M.



THE NEW YORK POST & NEW YORK DAILY NEWS New York is still a city where the news of the day is driven by its tabloid papers.



TWITTER I catch up on any news I missed during the night on Twitter, especially from @BuzzFeedAndrew, @maggiepolitico, @AshleyRParker, @KateAurthur, @Olivianuzzi, @ZekeJMiller, and @errollouis.

CAPITAL PLAYBOOK/POLITICO PLAYBOOK

Two can't-miss political digests that will teach you how to talk about everything from the #cromnibus spending bill to Bridgagate like a pro.

10 A.M.

THE SHADE ROOM The urban gossip site is revolutionary in its use of Instagram as a news-breaking medium. With the most painstaking methods I've seen, they track celebrity gossip and find stories buried in thousands of comments. Best investigative journalists in America?



BUZZFEED Exact same weird-cat vs. hard-news ratio as my brain, communicated in a voice eerily close to my truest self.

4 P.M.

NOW WITH ALEX WAGNER I watch this MSNBC show for my afternoon politics fix.



6 P.M.



NY1 The local news channel, with its never-changing throwback graphics, is my eternal happy place.

@LEERADZIWILL'S TWITTER

I can't guarantee this account is actually run by 82-year-old socialite Lee Radziwill (right), but who cares! It's *Absolutely Fabulous* meets Camelot full of #lifelessons like: "Miami, a sunny place for shady people."



WEEKEND

RELIABLE SOURCES Since Brian Stelter joined CNN, this media-analysis show has been the Sunday TV I most look forward to watching.

UNITED STATES

THE KINDEST CUT

A new law in Ohio is helping to rescue girls, one haircut at a time

BEAUTICIANS IN OHIO are adding a skill to their repertoire: crime fighting. Under a new law—the first of its kind in the United States—licensed cosmetologists must take a course on identifying trafficked women and girls.

The law is part of a plan to take Ohio off the map as a hub for human trafficking. Thanks to major highway systems, eight ports on Lake Erie, and proximity to Canada, more than an estimated 1,000 juveniles are trafficked annually in Ohio. The focus on beauty salons is the result of a report by the state's Human Trafficking Task Force, which identified the businesses as prime locations to spot victims who may have been brought in by pimps to change their appearance or to win their trust with pampering. Stylists will be taught to be on alert for clients who seem fearful, submissive, or anxious around others, who don't seem to have control of their possessions or money, who have scripted or rehearsed answers to questions, and who are with someone who constantly volunteers to translate or speak on the client's behalf. "We're

Who knew? Beauty salons are prime places to spot trafficking victims.



trying to raise awareness so people will recognize when something is strange," says Elizabeth Ranade Janis, the state's anti-trafficking coordinator.

The law was also designed to crack down on domestic servitude, which occurs when someone is brought to the U.S. on the promise of a paying job, only to be forced to work for free—a common occurrence at nail salons where foreign workers may not know their rights or the language. "This sends a message to people who have been sucked into the lifestyle that people care and they have choices," says Pam Tanchon, owner of an Aveda salon in Chagrin Falls. And the new law won't be bad for business, either: A stylist paying more attention to clients is hardly a bad thing. —*Vivian Giang*

SWEDEN

NAME YOUR PLEASURE

Swedes host a contest to even out the playing field



Klittra is the Swedes' chosen name for female masturbation.

SWEDEN IS FAMOUS for gender equality, which is why the sexperts behind the Swedish Association for Sexuality Education (RFSU) were surprised to learn there is no term for female masturbation. (The term for male masturbation is *runka*.) "Women masturbate just like men do, so it needs to be talked about," says Hedvig Nathorst-Böös, RFSU's sex-ed adviser. "But how can we with no specific word for it?" To that end, RFSU took matters into its own hands, launching a contest to coin a term. *Pulla* (a Swedish colloquial word for digital stimulation) and *selfa* (a play on *self*) were popular entries, but *klittra* (which roughly means clitoral stimulation) won with 30 percent of the 12,000 votes cast. The final call goes to RFSU, though, which will crown a name in June. Until then, Swedish women will wait and twiddle their ... thumbs. —*Jessica Benavides Canepa*

BY THE NUMBERS CONTINUED IN HONOR OF WOMEN'S HISTORY MONTH, WE ROUNDED UP SOME STATS THAT SHOW WHERE WE STAND:

26 NUMBER OF FEMALE CEOs OF FORTUNE 500 COMPANIES

100 NUMBER OF WOMEN IN CONGRESS (OF 535 TOTAL MEMBERS)

5 NUMBER OF FEMALE GOVERNORS

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